

ONT ZONE 1

FOODLAND

Fresh food. Friendly neighbours.

Locally OWNED & OPERATED BY **PROUD CANADIANS**

Striploin Grilling Steak
cut by your meat expert from
Canada AAA grade beef

BUY 1, GET 1 FREE
of equal or lesser value



Locals love **LONG WEEKENDS**



7.99

Lobster Tails 3-4 oz
sold frozen or previously frozen



CONESTOGA MEATS Family Size Boneless Pork Loin Centre Cut Chops cut in-store by your local meat expert 8.80/kg

LOCAL 3.99 /lb



6.99

COMPLIMENTS Cooked or Raw Shrimp 31-40 ct 340 g

Strudel Fingers, Turnovers or Mini Strudel 4-6 pk
228-272 g

2/\$7



1 LB

2.99

Strawberries Clamshell product of USA or Mexico no 1 grade 1 lb



FIRST OF THE SEASON



PRODUCT OF ONTARIO Asparagus 6.59/kg

LOCAL 2.99 /lb

SCAN HERE FOR OUR FULL DIGITAL FLYER

Never miss a deal, more savings online



See the full flyer at Foodland.ca, in the **Foodland app**, or sign up for email to stay in the loop.



6.44

NESCAFÉ or MAXWELL HOUSE Instant Coffee
100-170 g



4.99

CHAPMAN'S Premium or No Sugar Added Ice Cream, Frozen Yogurt or Sorbet
selected 1-2 L



2.77

300 PTS when you buy 4
LAY'S Potato Chips
200-235 g



3.97

KRAFT Singles
410 g



7.99

COCA-COLA or PEPSI Soft Drinks
12x355 mL



MEMBERS SAVE \$1.50
5.99 MEMBER PRICING

7.49 without Scene+ Card
Cupcakes
chocolate, vanilla, confetti or assorted
6 pk 325-335 g



200 PTS when you buy 4

2.47

DEMPSTER'S White or Whole Wheat, Texas Toast or Sandwich Bread
675 g or Hamburger or Hot Dog Buns 8 pk

Scene+
UNLOCK A DEAL

ALL WEEK LONG MAY 14 - 20
Spend \$50 and swipe your Scene+ card to
UNLOCK A DEAL FOR 50% OFF ONE OF OUR FAVOURITE PICKED-FOR-YOU ITEMS*
Check your receipt for the coupon you have unlocked.
Coupon valid for redemption May 21-27, 2026.

HAPPY VICTORIA DAY

Foodland.ca

MAY 2026
PRICES EFFECTIVE FROM
MAY 14-20

THUR 14	FRI 15	SAT 16	SUN 17	MON 18	TUE 19	WED 20
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Please see local store or online for holiday hours

Locals love
LONG WEEKEND BARBECUES

14⁹⁹
COMPLIMENTS Burgers selected 680-907 g

2/\$24
Prepared Fresh Daily Fruit or Vegetable Carousel 900 g-1.3 kg

10⁹⁹
COMPLIMENTS Smoked Sausage 900 g

4⁹⁹
COMPLIMENTS Rainbow Peppers product of Canada or Mexico 3 pk

6⁹⁹
COMPLIMENTS Apple, Apple Crumble or Pumpkin Pies 650-750 g or Crumb Cakes 465 g

2⁹⁹
BULL'S-EYE BBQ Sauce 425 mL, DIANA Sauces 500 mL, Marinades 375 mL, HEINZ Flavored Mayo 340 mL or KRAFT Salad Dressing 425 mL

4⁹⁹
ARMSTRONG Cheese 400 g, Shreds 300-320 g or SAPUTO Mozzarellissima 500 g

8⁹⁹
MR. FREEZE, CRUSH, POPSICLE or DR. PEPPER Jumbo Freeze Pops 27 pk or HERSHEY'S S'mores Kits 578-651 g while supplies last

3⁹⁹
SUMMER FRESH Dips, Hummus, Queso or Salsa 200-227 g

5⁹⁹
COMPLIMENTS Feta 200 g

2/\$5
COMPLIMENTS Pasta 900 g or HUNT'S Thick & Rich Pasta Sauce, Tomato Sauce 680 mL or Tomato Paste 369 mL

3⁴⁹
DANONE Oikos Greek Yogurt 4 pk

2⁹⁹
NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Snacks selected 120-230 g

3⁹⁹
GENERAL MILLS Premium or Core Cereal 300-437 g or KELLOGG'S Cereal 210-525 g selected (excludes Family Size) while supplies last

35⁹⁹
TIM HORTONS Single Serve Coffee Pods 48 pk

6⁹⁹
BECEL Margarine 637-850 g

2⁴⁹ MEMBERS SAVE 50¢
2⁹⁹ without Scene+ Card
CHRISTIE Snacking or Mini Crackers or Mini Cookies 144-200 g

2⁴⁹ MEMBERS SAVE 50¢
2⁹⁹ without Scene+ Card
CLOVER LEAF Albacore White Tuna 170 g

11⁹⁹
ROYALE Bathroom Tissue 24-48 rolls, Paper Towel 6-12 rolls or Facial Tissue 12 pk

Scene+ BIG BONUS

300 PTS when you buy 3

3³³
QUAKER Instant Oatmeal 232-344 g or Quick or Old Fashioned Oats 900 g-1 kg

That's like \$3 toward your groceries

Scene+ BIG BONUS

500 PTS when you buy 3

4⁹⁹
KRAFT Peanut Butter 500 g or Cheez Whiz 450 g

That's like \$5 toward your groceries

Scene+ GET 1,500 PTS FOR EVERY \$100 SPENT ON BOSTON PIZZA GIFT CARDS

BP

Offer valid during May 14 - 20, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. Savings based on our regular retail. We reserve the right to limit quantities to reasonable family requirements. Text prevails when a photo does not correspond to the description. Dealer may sell for less. "Save off this price" rebates refer to the regular competitive shelf price at most locations. In stores open 24 hours, flyer prices are effective from 4 am Thursday until Midnight Wednesday.



7⁹⁹

SCHNEIDERS Juicy Jumbos Wiensers or Smoked Sausages 375-450 g



6⁹⁹

JOHNSONVILLE Sausages breakfast, dinner, recipe starters or smoked 250-500 g selected



2⁹⁹

COMPLIMENTS Wiensers 450 g selected



9⁴⁹

50 PTS when you buy 1

SUMMER FRESH Salad 650-800 g



Made with 100% Canadian Flour

Baked IN-STORE

Tray or Butter Topped Rolls 12 pk 425-455 g

3⁹⁹

Baked IN-STORE



5⁹⁹

Mini Cookies 24 pk 312 g



200 PTS when you buy 400 g

1⁷⁹ /100 g

Grab & Go All Rolled Up Wraps sold by 100 g



BUY 1 AT \$6.99

BUY 2 OR MORE

5⁹⁹ ea

COMPLIMENTS Pecan or Raisin Butter Tarts 510 g

SUPER SUNDAES



4⁹⁹

COMPLIMENTS Ice Cream 1.5 L selected



5⁹⁹

BEN & JERRY'S Ice Cream 473 mL selected



4⁹⁹

SMUCKER'S Ice Cream Toppings 428 mL assorted



2⁹⁹

COMPLIMENTS Ice Cream Cones or Cuplets 18 pk selected



3²⁹

HARIBO Candy 170-175 g



100 PTS when you buy 1

NESTLÉ Pouches 76-203 g

2

Scene

1,000 PTS

= \$10 OF FREE GROCERIES

Locals love

LONG WEEKENDS



3.99

THE LITTLE POTATO COMPANY
Kits product of Canada
454 g



5.99

Corn product of USA
no 1 grade 4 pk

200 PTS
when you buy 2

5.99

PRODUCT OF CANADA
COMPLIMENTS ORGANIC
Mushrooms Caps 170 g



7.99

STRUB'S Pickles
1 L selected



BUY 1 AT \$7.49
BUY 2 OR MORE
\$5
ea

WILDLY DELICIOUS
Sauce 350 mL



4.49

LIGHTLIFE
Plant-Based Smart
Jumbo Dogs 380 g

300 PTS
when you buy 3

6.79

COMPLIMENTS
Sliced Cheeses
150-170 g



4.49
/100 g

200 PTS
when you buy 300 g
or more

COMPLIMENTS Montreal Smoked Meat,
Roast Beef, Corned Beef or Pastrami

3.49

COMPLIMENTS
Sweet Pickled
Onions 375 mL or
CLUB HOUSE La Grille
Marinades 350 mL



300 PTS
when you buy 4

2/\$9

TOSTITOS Tortilla
Chips 205-300 g
(excludes Simply)



100 PTS
when you buy 2

3.99

COMPLIMENTS
Deluxe
Hamburger or
Sausage Buns
6-12 pk



9.99

SZN SPICE CO.
Burger Binders,
Seasonings or
Spices 220-360 g



100 PTS
when you buy 2

5.99

ARMSTRONG
Cheese Slices
220-240 g



13.99

CORONA Cero
Alcohol-Free Beer
6x330 mL



3.49

KRAFT Philadelphia
Dips 227 g



7 DAYS ONLY! MAY 14 - 20, 2026

Scene+ LOAD & SCORE

LOAD THIS OFFER AND GET 10% BACK IN POINTS FOR EVERY \$40 THAT'S 400 PTS FOR EVERY \$40 SPENT



Offer valid from May 14-20, 2026 at all Foodland locations in Ontario. Limit of 1 offer per Scene+ account. Spend must be made in a single transaction. See below for full terms and conditions.

Scene+ LOAD & SCORE

Receive 400 Scene+ points for every \$40 in eligible grocery purchases in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid and available to be loaded from May 14-20, 2026 and valid at all Foodland locations in Ontario. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ card. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law. Tim Hortons, Starbucks, McCafé products and fluid dairy may be excluded in certain regions. No base Scene+ points earned. Digital Offer has no cash value. Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to record the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

3

100% FRESH *guarantee**

Storewide satisfaction or your money back.



MEMBERS SAVE 50¢
4.99
MEMBER PRICING
5.49 without Scene+ Card

Large Cantaloupe
product of Brazil or USA no 1 grade



2/\$5
Red Mangoes or Bulk Avocados
product of Mexico



2.47 /lb
PRODUCT OF CANADA Ambrosia Apples
Canada extra fancy grade 5.45/kg



6.99
ORRI Clementines or Mandarins 907g 2 lb bag product of Israel
200 PTS when you buy 2



4.99
COMPLIMENTS Caesar Salad Kit 280 g product of USA
100 PTS when you buy 2



8.99 /lb
PRODUCT OF CANADA Fiddleheads 19.82/kg



99¢ /lb
PRODUCT OF CANADA Green Cabbage
Canada no 1 2.18/kg



LOCAL 3/\$5
PRODUCT OF ONTARIO Long English Cucumbers
Canada no 1 grade

MEAT



7.99
SCHNEIDERS Bacon 100-375 g
100 PTS when you buy 2



5.99
COMPLIMENTS Boneless Ham Slices
375 g

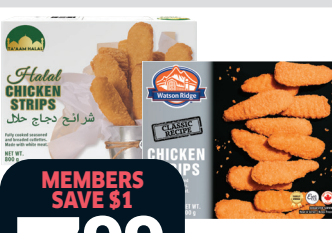


50 PTS when you buy 2 packages
Store-Made Beef Burgers plain, seasoned or inclusion made in-store by your local meat expert

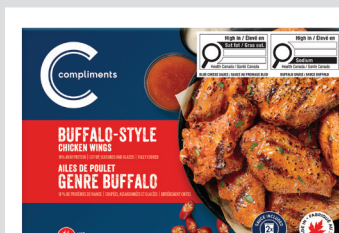
GET 10% OFF BEEF
WHEN YOU BUY 2 OR MORE OF THE SAME CUT



12.99 /lb
Eye of Round Roasts cut in-store by your meat expert from Canada AAA grade beef 28.64/kg



MEMBERS SAVE \$1
7.99
MEMBER PRICING
8.99 without Scene+ Card
WATSON RIDGE or TA'AM HALAL Boxed and Breaded Poultry 800 g selected



14.99
COMPLIMENTS Buffalo-Style Chicken Wings
800 g selected



LOCAL 4.99 /lb
CONESTOGA MEATS Pork Side Ribs Centre Portion
Removed cut in-store by your meat expert 11.00/kg



LOCAL 5.99 /lb
CONESTOGA MEATS Pork Side Ribs Centre Portion Strips
cut in-store by your meat expert 13.21/kg



9.99
JANES Boxed and Breaded Fish
450-510 g selected
75 PTS when you buy 1



6.99
COMPLIMENTS Cod, Haddock or Salmon Loins 227 g



LOCAL 4.99 /lb
Chicken Drumsticks or Thighs AIR-CHILLED
11.00/kg



5.99 /lb
PANACHE Flattened Chicken 13.21/kg

DELI

Available at most stores



MEMBERS SAVE 20¢/100 G
4.79 /100 g
MEMBER PRICING
4.99 without Scene+ Card
MASTRO Genoa Salami, Soppressata, Salami with Prosciutto, or Hot Calabrese selection varies by store



400 PTS when you buy 2
10.99
COMPLIMENTS Family Size Sliced Deli Meats 400 g selected



6.49
COMPLIMENTS Halloumi-Style Cheese 200 g
100 PTS when you buy 2



8.99
TRE STELLE Mozzarella Ball 340 g

TREATS & DESSERTS
FOR A LIMITED TIME while supplies last



14.99
Single Layer Dessert Cake made with KitKat® 516 g



MEMBERS SAVE \$1
5.99
MEMBER PRICING
6.99 without Scene+ Card
Gourmet Cookies made with KitKat® 6 pk 475 g



BUY 1, GET 1 FREE of equal or lesser value
Brownies made with KitKat® 585 g or **Brownie Cakes** made with KitKat® 382 g



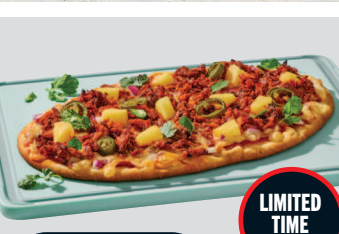
6.99
All Butter Danish made with KitKat® 420-450 g

KITCHEN

Available at most stores



MEMBERS SAVE 50¢
3.49
MEMBER PRICING
3.99 without Scene+ Card
COMPLIMENTS Snack Hummus 4 pk 228 g



200 PTS when you buy 2
7.00
Al Pastor Pulled Pork Flatbread or Other Selected Varieties 230-305 g

FLORAL

Available at most stores



LOCAL 18.99
GROWN IN ONTARIO Glorious Day Bouquet

BULK



100 PTS when you buy 2
4.99
COMPLIMENTS Candies 350-400 g selected

4 | Scene+ **1,000 PTS = \$10 OF FREE GROCERIES**

FROZEN & DAIRY

 <p>3⁹⁹ NATREL Lactose Free Ice Cream 473 mL</p>	 <p>100 PTS when you buy 2 SCHNEIDERS Breakfast Sandwiches or Egg Bites 204-288 g</p>	 <p>4⁴⁹ GAY LEA Sour Cream 425-500 mL</p>	 <p>MEMBERS SAVE 50c 3⁹⁹ MEMBER PRICING 4⁴⁹ without Scene+ Card KRAFT Cool Whip Aerosol Whip Cream Topping 225 g</p>
 <p>3⁹⁹ MCCAIN Superfries Bistro, Smiles or Tasti-Taters 454-800 g</p>	 <p>12⁹⁹ EL MONTEREY Taquitos 567-588 g</p>	 <p>100 PTS when you buy 2 5⁴⁹ COMPLIMENTS Pure Orange Juice 1.36-1.54 L</p>	 <p>7⁹⁹ GAY LEA Butter Sticks 454 g</p>

DRINKS, SNACKS & PANTRY

 <p>2/\$5 ALLEN'S Juices or Drinks 1 L</p>	 <p>15⁹⁹ 300 PTS when you buy 2 BALZAC'S Coffee 340 g or Pods 18 pk</p>	 <p>9⁹⁹ RED BULL Energy Drinks 4x250 mL</p>	 <p>MEMBERS SAVE 30c 1⁴⁹ MEMBER PRICING 1⁷⁹ without Scene+ Card COMPLIMENTS Sparkling or Fizzy Flavoured or Unflavoured Water 503 mL-1 L</p>
 <p>27⁹⁹ STARBUCKS Coffee Pods 24 pk or VAN HOUTTE Coffee Pods 30 pk</p>	 <p>15⁹⁹ NESCAFÉ Gold Espresso 200 g</p>	 <p>2/\$7 LECLERC Celebration Cookies 200-350 g</p>	 <p>2/\$7 500 PTS when you buy 4 DARE Ultimate Cookies 290-300 g</p>
 <p>2/\$9 MISS VICKIE'S Kettle Chips 190-200 g</p>	 <p>2⁹⁹ 150 PTS when you buy 3 COMPLIMENTS Granola Bars 131-175 g, Fruit Bars 300 g, Crispy Rice Squares 176 g or Protein Bars 160 g</p>	 <p>3/3⁹⁹ 50 PTS when you buy 3 JELL-O Jelly Powder 9.1-85 g</p>	 <p>100 PTS when you buy 2 9⁹⁹ KELLOGG'S Jumbo Cereal 700 g-1.1 kg</p>
 <p>6⁹⁹ ROBIN HOOD or FIVE ROSES Flour selected 2.5 kg</p>	 <p>7⁹⁹ YELLOWSTONE Seasoning Blends 135-160 g, MATHESON FOOD COMPANY Rubs 160 g or LA MAISON ORPHÉE Baking Mixes 425-500 g</p>	 <p>3⁵⁹ MAPLE LEAF Flakes of Ham, Turkey or Chicken 156 g</p>	 <p>2²⁹ COMPLIMENTS Canned Tomatoes 796 mL or Stewed Tomatoes 540 mL</p>
 <p>5⁹⁹ 50 PTS when you buy 1 EAST SIDE MARIO'S Pasta Sauce 410-650 mL</p>	 <p>7⁹⁹ 50 PTS when you buy 1 TRE STELLE Parmesan Shaker 200 g</p>	 <p>2⁹⁹ 100 PTS when you buy 2 COMPLIMENTS Bagels 6 pk</p>	 <p>2⁸⁸ VH Sauces 341-355 mL or Soya Sauce 380 mL selected varieties</p>

HOUSEHOLD

 <p>3⁶⁹ BLUE BUFFALO Wet Dog Food 354 g</p>	 <p>2/\$9 LYSOL All-Purpose or Multi-Purpose Cleaners 650 mL-1.2 L, Toilet Cleaners 710 mL, Shower Foam 538 g or Dual Action Wipes 35 pk selected</p>	 <p>5⁴⁹ ZIPLOC Bags selected 10-100 pk</p>	 <p>100 PTS when you buy 2 5⁹⁹ COMPLIMENTS Dinner Napkins 100 pk</p>
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Scene+ JOIN SCENE+ TODAY. sceneplus.ca/register 5

DAIRY & FROZEN



50 PTS
when you buy 4

4/\$5 YOPLAIT YOP Drinkable Single Yogurt 200 mL



100 PTS
when you buy 2

3.49 INTERNATIONAL DELIGHT Creamers 425 mL



5.49 SEALTEST Chocolate Milk 2 L



100 PTS
when you buy 2

3.99 COMPLIMENTS Cheddar Flavour Slices 400 g



4.99 NANA Banana-Based Frozen Dessert 500 mL selected



2.99 BEST BUY Frozen Vegetables 750 g or COMPLIMENTS Perogies 907 g



100 PTS
when you buy 2

4.99 GAY LEA Spreadables Butter 227 g



6.49 KRAFT Parmesan Shaved or Aged Cheese 141 g



4.99 KRAFT Cool Whip Frozen Whipped Topping 1 L



100 PTS
when you buy 2

3.99 HEINZ Hot Bites 198 g



2.49 MICHELINA'S Frozen Entrées 128-284 g



5.29 HEALTHY CHOICE Gourmet Steamers 269-306 g

DRINKS & SNACKS



2.19 HERSEY'S King Size Bars assorted 62-85 g

5.79 HERSEY'S Bagged Chocolate assorted 160-290 g

1.49 HERSEY'S Single Bars assorted 34-58 g



100 PTS
when you buy 2

8.99 BUBLY Sparkling Water Mini Cans or PEPSI Soft Drinks Mini Cans 6x222 mL



100 PTS
when you buy 1

8.99 GATORADE Powder Sticks 10 pk or Crystals 560 g



100 PTS
when you buy 3

1.99 COMPLIMENTS Rice Crackers 100 g



200 PTS
when you buy 2

4.49 COMPLIMENTS Honey Graham Wafers 408 g



2.99 PRINGLES Super Stacks 148-156 g



5.99 COMPLIMENTS Roasted Peanuts 700 g



2.99 COMPLIMENTS Tortilla Chips 250-280 g or Kettle Chips 200 g



9.99 WELCH'S Fruit Snack 616 g or SUNKIST Fruit Snacks Club Pack 792 g

SNACKS & PANTRY



100 PTS
when you buy 2

5⁹⁹ ST. DALFOUR Jam
225 mL



100 PTS
when you buy 1

8⁹⁹ PANACHE 100% Pure Maple Syrup
375 mL



2/\$5 COMPLIMENTS Canned Fruit 398 mL



7⁹⁹ KRAFT Pizza Kit
850 g



3⁹⁹ KRAFT Jet Puffed Marshmallows 400 g or BETTY CROCKER Frosting 340-450 g selected



100 PTS
when you buy 2


4⁴⁹ COMPLIMENTS Sweetened Condensed Milk 300 mL or Graham Crumbs 400 g



3⁹⁹ VACHON Snacks 248-336 g



2²⁹ COMPLIMENTS Broth 900 mL



3⁹⁹ BARILLA Gluten Free Pasta 340 g or CATELLI Protein Pasta 340 g



2⁹⁹ FRENCH'S Flavoured Mustards 325 mL



3⁹⁹ DEMPSTER'S 7" Tortillas 240-340 g, Signature English Muffins 6 pk or TIA ROSA Tortillas 220-328 g



2/\$6 TILDA Ready to Heat Rice 250 g selected

NATURAL, HEALTH & HOUSEHOLD



7⁹⁹ RISE Organic Kombucha 1 L or SILK High Protein 1.42 L



200 PTS
when you buy 6

3/\$5 COMPLIMENTS ORGANIC Baby Pouches 128 mL



100 PTS
when you buy 2

4²⁹ COMPLIMENTS Foil Wrap 50 ft or Heavy Duty 25 ft



200 PTS
when you buy 1

KINGSFORD Charcoal Briquets 3.62-7.26 kg or Match Light Briquets 3.62 kg



BUY 1 AT \$4.99
BUY 2 OR MORE
4⁴⁹ ea

SIMPLY Snacks selected varieties 156-241 g



100 PTS
when you buy 2

STARTING AT 6⁹⁹ SENSODYNE Whitening, Pronamel or Clinical Repair Toothpaste 75-135 mL selected



13⁴ NATIVE Body Wash 532 mL or Hair Products 177-487 mL selected



STARTING AT 5⁷⁹ HEAD & SHOULDERS, PANTENE, AUSSIE or OLD SPICE Shampoo or Conditioner 308-475 mL selected



7⁴⁹ OXI CLEAN Stain Remover Sprays 354-636 mL or Gel 183 mL



23⁹⁹ PURINA Tidy Cats Litter 5.44 kg



8⁹⁹ PURINA Dentalife Dog Treats or Chews 404-595 g



8⁹⁹ WHISKAS Dry Cat Food, GREENIES Dog Treats 170-228 g or PURINA Kitten or Chow 1.6-2 kg

Cheers to the
LONG WEEKEND



14⁹⁹

BUD LIGHT or COORS LIGHT
Lager 6x473 mL tall cans



29⁹⁹

CORONA Extra Lager
12x330 mL bottles



18⁹⁹

SAPPORO Premium
Lager 6x500 mL tall cans

25⁹⁹

COORS Seltzer Slushie
Variety Pack 7%
12x355 mL cans



NEW



20⁹⁹

FLYING MONKEYS
Juicy Ass IPA
6x473 mL tall cans



2⁹⁹

WHITE CLAW Blackberry, Natural Lime or Surge Blueberry
Hard Seltzer 473 mL tall can



NEW

17⁹⁹

COTTAGE SPRINGS
Vodka Soda Freezie
Mix Pack 8x355 mL cans

*PLEASE DRINK RESPONSIBLY. You must be 19 years or older to purchase alcohol. Available at select stores. Pricing not applicable to LCBO Convenience Outlets.

Find
DEALS
YOU'LL LOVE

Discover weekly savings, locked prices, and Scene+ points throughout the store.



Learn More

PICKED FOR YOU

**COMPLIMENTS
DOUBLE CRÈME
BRIE, CAMEMBERT
OR FETA 170-200 g**

- Mild and indulgent flavour
- Made with Canadian Milk
- Perfect for a get together or to elevate any sandwich



- Salty and crumbly
- Perfect topper for salads, grain bowls or roasted veggies
- Made in Canada



Locals know

FRESH FLORAL

SELECTION MAY VARY BY STORE



GROWN IN ONTARIO
Premium Annual
Planter 8"
LOCAL
\$14



Window Box Annual
Planter 15"
24⁹⁹



LOCAL
BUY 1 AT \$32.99
BUY 2 OR MORE
29⁹⁹
ea

GROWN IN ONTARIO
Premium Jumbo
Hanging Basket
or Planter 13"



2/\$35

Assorted Flowering
Tropicals on Trellis
5" selection may vary by store



LOCAL
2/\$40

GROWN IN ONTARIO
Boston Fern Hanging
Basket 10"



LOCAL
4/\$12

GROWN IN ONTARIO
Assorted Vegetables
4"



LOCAL
2/\$7

GROWN IN ONTARIO
Assorted Annuals
4"



LOCAL
BUY 1 AT \$10.99
BUY 2 OR MORE
9⁹⁹
ea

GROWN IN ONTARIO
Annuals 6 pk



BUY 1 AT \$3.49
BUY 4 OR MORE
\$3
ea

COMPLIMENTS
Black Earth 25 L



BUY 1 AT \$3.99
BUY 2 OR MORE
3⁵⁰
ea

COMPLIMENTS
Farm Manure
Compost 12.5 kg



BUY 1 AT \$5.49
BUY 2 OR MORE
\$5
ea

COMPLIMENTS
Cedar Mulch
42.5 L selection may
vary by store



BUY 1 AT \$4.99
BUY 2 OR MORE
4⁵⁰
ea

COMPLIMENTS
Multi Mix or
Professional
Planter Mix
25 L

local LEGENDS

SUPPORTING LOCAL PRODUCERS AND BUSINESSES

Organic, Gluten Free,
Allergen Friendly,
Low Sugar and
Nutrient Dense



Meet
**TARA TOMULKA, MEGAN
LOACH TOMULKA, LAURA
POWADIUK
FROM RAWCOLOGY**

Proudly made in Canada, Rawcology creates organic snacks with simple, real ingredients. Our granolas and treats are crafted to nourish, delight, and inspire joyful snacking, because better ingredients make every bite brighter!

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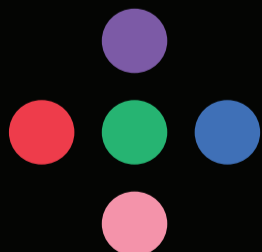
Scene 

UNLOCK A DEAL

Spend \$50 this week
and swipe your Scene+ card to

**UNLOCK A DEAL
FOR 50% OFF ONE
OF OUR FAVOURITE
PICKED-FOR-YOU ITEMS***

Check your receipt for the coupon you have unlocked



*To redeem the Unlock a Deal offer (the "Offer"), you must make a minimum qualifying purchase of \$50.00 (before tax) and scan your Scene+ card at checkout to unlock a different deal each week (each a "Weekly Unlocked Deal") between April 30, 2026 to June 3, 2026 (the "Offer Period"). Upon scanning a Scene+ card and making a qualifying purchase, a coupon will be printed on your receipt containing the Weekly Unlocked Deal that can be redeemed on your next in-store purchase. The Weekly Unlocked Deals apply to one (1) subsequent transaction only. The Offer is available at participating Foodland stores in Ontario. The Weekly Unlocked Deals cannot be redeemed in the same transaction in which the qualifying spend threshold is met.

To unlock this week's deal, customers must spend \$50.00 or more between May 14-20, 2026, before applicable taxes and charges and after deducting any discounts or coupons, in a single transaction during the week three dates and scan their Scene+ card. Upon a qualifying purchase, a coupon for 50% off of Ace Bakery products (Ace Bakery Baguette Demi White 25X200G, Ace Bakery Baguette Demi Chd Onion 25X200G), will print at the bottom of the customer's receipt which can be used on one (1) subsequent transaction only between May 21-28, 2026.

Scene+
**DIGITAL
EXCLUSIVE**

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

OFFER VALID MAY 14-20, 2026

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **200 PTS**
when you buy 1
BEST BUY Ice Milk 4 L selected



SAVE \$7.50
when you buy 1

COMPLIMENTS ORGANIC
Extra Virgin Olive Oil 500 mL



Card must be registered. Offer valid and available to be loaded May 14-20, 2026 at all participating Foodland locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

X01_FDL_WK03_DIG_ONT_Z1



2/6⁵⁰

MONSTER ENERGY® Beverages
444-473 mL

29⁹⁹

MONSTER ENERGY® Beverages
12x473 mL

10⁹⁹

MONSTER ENERGY® Beverages
4x473 mL

15⁹⁹

MONSTER ENERGY® Beverages
8x355 mL

5 – 230 CALORIES

*Subject to availability, while supplies last. Plus applicable taxes, deposits, fees and levies. Single units at regular price. This product may not be suitable for everyone. Please read the label for instructions.

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Summers are made with Strawberry Lemonade

Also available in Zero Sugar



50 PTS
when you buy 1

CANADA DRY®
6x222 mL
Selected

5⁴⁹



NEW LIMITED TIME FLAVOUR

2/\$6

CANADA DRY®
500 mL
Selected



100 PTS
when you buy 1

2/\$6

CANADA DRY®
2 L
Selected

Offer valid from May 14th to May 20th 2026 at participating IGA West, Foodland, and Thrifty Foods locations in Canada. Canada Dry is a registered trademark of Canada Dry Mott's Inc.



HIGH IN PROTEIN Marble Cheddar Cheese



5⁹⁹

ARMSTRONG Cheese Slices 220-240 g, Sticks 210 g, Swirls 283-340 g, Nibblers 200 g or Combos 180 g



4⁹⁹

ARMSTRONG Shredded Cheese 300-320 g or Cheese Block 400 g

*Winner Cheese category. Survey of 4,000 people by Kantar.

World Bee Day

MAY 20, 2026



8⁹⁹

BEEMAID Honey
500 g



10⁹⁹

COMPLIMENTS Honey
750 g-1 kg



Tiny Creatures. Big Impact!

Bees do more than make delicious honey. They power our ecosystem by pollinating millions of flowers. That includes pollinating one third of the foods we eat every day!



Explore New Sweet & Spicy Honey Infusions!

7⁹⁹

COMPLIMENTS Hot Honey
375 g

Canadian Hive Heroes

Meet Dani Glennie! She's a second-gen beekeeper from Langenburg, Saskatchewan, proudly continuing the work her mother started on their family farm. As a BeeMaid Honey co-op member, Dani specializes in raising nucs and queens to build strong, healthy hives and ensure a successful honey harvest each season.



V02_FDL_WK03_DIG_ONT_ZI

REAL GOOD CANADIAN BREAD *portofino*TM

At PORTOFINO Bakery, our breads are intentionally crafted to promote strong gut health, reduced sodium and sugar consumption, and increased fibre. Taste the difference with our Signature Sourdough loaf. REAL. GOOD. BREAD.



4.99

PORTOFINO Breads
585-810 g or Brioche Burger Buns 6 pk

Fact

- handcrafted - no compromises
- small batch
- long fermentation
- all natural

V03_FDL_WK03_DIG_ONT_Z1

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply

